

INITIAL RESPONSE & SAFETY When Safety Matters



RIIOHS204D WORK SAFELY AT HEIGHTS

Course Overview

Through the combination of theory and practical training, this course provides participants with the necessary knowledge and skills required to safely work at height utilising various forms of fall protection.

Course Outline

- Course introduction and enrolment
- Reference documents / legislation
- Statistics of working at height
- Definitions
- Connectors
- Energy absorbers
- Harnesses
- Fall arrest devices
- Roles and responsibilities of key personnel
- Risk management
- Fall prevention methods
- Fall prevention options
- Estimating fall distances / clearances
- Emergency procedures
- Anchor point requirements
- General safety points
- Use of ladders
- Service & inspection requirements
- Practical exercises performed (various height applications)
- Assessment of students' competence

Course Logistics

Where: On your site or our training room.

Duration: To maximize learning benefits, it is recommended that this course be conducted with a maximum of 10 participants over a period of 1 day.

Resources: Suitable classroom equipped with whiteboard. All height safety equipment on site.

Certification Upon successful completion of this course, each student will receive a nationally recognised Statement of Attainment. This Nationally accredited training is delivered in association with OHSA RTO No. 31092.

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